



# SAILING INSTRUCTIONS

## The Lido 14 Fleet 2 Single-Handed Championship

### Saturday, July 25th, 2009



**Rules:** This series will be governed by the Racing Rules of Sailing for 2009-2012, and the current Lido 14 Class Rules with the following exceptions:

1. There shall only be one person racing in the sloop.
2. The total minimum weight of the skipper and ballast shall be 180 pounds.
3. It shall be permissible to use any device to hold the tiller in place while the skipper is setting or recovering the whisker pole.

**SKIPPER'S MEETING:** A skipper's meeting will be held at South Coast Corinthian Yacht Club (SCCYC) at 11:00 am on Saturday, July 25<sup>th</sup>, 2009

**NOTICES TO COMPETITORS:** Notices to Competitors will be made available at the skippers' meeting.

**SCHEDULE OF RACES:** Five races are scheduled. The first race will start at 1200 hours. Subsequent races will be started as soon as is practical except that there will be a 15 minute break after the third race.

**RACING AREA:** Racing will be inside Marina del Rey harbor

**CHECK IN:** Please check in with the Race Committee Boat, prior to the first warning signal of the first race.

**COURSES:** Courses will be selected from the accompanying course chart, and indicated by the pennant flown during the start.

**MARKS:** Marks are described in the accompanying course chart

**START:** The Start Line is described in the accompanying course chart

The Sound-Signal Starting System of Appendix S, shown below, will be used. A series of short sound signals may be used approximately 30 seconds before the Warning Signal for each race to pre-warn the competitors.

<b>Signal</b>	<b>Sound</b>	<b>Time before Start</b>
Warning	3 long	3 minutes
Prep	2 long	2 minutes
	1 long, 3 short	1 minute 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

**FINISH:** The Finish Line is described in the accompanying course chart

**PROTESTS:** Competitors wishing to file a protest must notify the Race Committee of their intent to file as soon as possible. Protest forms must be completed and submitted within one hour of the RC's return to the Club.

**SCORING:** The Low Point Scoring System, RRS Appendix A, shall apply except that each boat's total score will be the sum of her scores. This changes RRS A2. Three completed races constitute a series.

As of: May 18th, 2009



All marks to port unless specified otherwise

Start/Finish Line is between an orange flag at the end of each dock.

A mark is Yellow Quarantine Buoy with large black letter A

B mark is Yellow Quarantine Buoy with large black letter B

C Mark is first red and white center channel marker south of A

D is red and white Center channel marker in front of coast guard station.

#### Course

- 1 Start, A, Finish
- 2 Start, A, C, Finish
- 3 Start, A, C, B to starboard Finish
- 4 Start, A, D Finish