SAILING INSTRUCTIONS
The Lido 14 Fleet 2 Single-Handed Championship
Saturday, June 19th, 2010

Rules: This series will be governed by the Racing Rules of Sailing for 2009-20012. and the current Lido 14 Class Rules with the following exceptions:

1. There shall only be on person racing in the sloop.
2. The total minimum weight of the skipper and ballast shall be 180 pounds.
3. It shall be permissible to use any device to hold the tiller in place while the skipper is setting or recovering the whisker pole.

SKIPPERS' MEETING: A skipper's meeting will be held at South Coast Corinthian Yacht Club (SCCYC) at 11:00 am on Saturday, July 25th, 2009

NOTICES TO COMPETITORS: Notices to Competitors will be made available at the skippers' meeting.

SCHEDULE OF RACES: Five races are scheduled. RC may elect to run more or fewer races. The first race will start at 1200 hours. Subsequent races will be started as soon as is practical except that there will be a 15 minute break after the third race.

RACING AREA: Racing will be inside Marina del Rey harbor. The start line will be off the SCCYC guest dock (Basin G) or in the main basin, pending number of entrants.

CHECK IN: Competitors shall check in with the Race Committee Boat, prior to the first warning signal of the first race.

COURSE DIAGRAM (not to scale)

W

R1

S - - - - - - - - - - - - - F

L

COURSES: Courses will be indicated by pennant. All marks shall be left to port except as noted by an "s" on the descriptions. These courses will be used:

Pennant	Course Description
1	Start – W – Finish
2	Start – W – L – Finish
3	Start – W – L – W – Finish
6	Start – Ws – R!s – L – Finish
7	Start – R1 – W – L – Finish
8	Start – R1 – W - Finish

MARKS: Marks will be flags or orange hippity hops.

START: The Finish Line will be between "S" mark and an orange flag.

The Sound-Signal Starting System of Appendix S, shown below, will be used. A series of short sound signals may be used approximately 30 seconds before the Warning Signal for each race to pre-warn the competitors.

Signal	Sound	Time before Start
Warning	3 long	3 minutes
Prep	2 long	2 minutes
	1 long, 3 short	1 minute 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

FINISH: The Finish Line will be between "S" mark and an orange flag.

CHANGES: May be made by RC on the water by hoisting the "come within hail" flag.

PROTESTS: Competitors wishing to file a protest must notify the Race Committee of their intent to file as soon as possible. Protest forms must be completed and submitted within 30 minutes of the RC's return to the Club.

SCORING: The Low Point Scoring System, RRS Appendix A, shall apply except that each boat's total score will be the sum of her scores. This changes RRS A2. Three completed races constitute a series.

As of: June 15th, 2010